

Interpreting Diagnostic Data for Optimal Patient Outcomes

Written and delivered by

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Course Outline

This course has been specifically designed for natural health practitioners such as Naturopaths, Nutritionists and Homeopaths, to further their knowledge by utilising Oligoscan and standard blood diagnostic data as well as discussion of patient symptoms, and treatment options. This supports practitioners to formulate more accurate natural health prescriptions.

The course covers extensive information on how to interpret data obtained from the OligoScan spectroscopy device. This device provides information around the cellular contents of heavy metals, minerals, and nutrients, and when interpreted correctly, can provide valuable information in the potential underlying causes of health imbalances.

All heavy metals will cause disruption, blockages, and absorption impairment to various degrees and the use of the Oligoscan device takes the “guess work” out of treatment needs, saving time and money for both the practitioner and the patient. It gives the patient measurable data and explanations on why they may not be feeling their best.

We also learn to analyse the standard blood testing results obtained from a patient's doctor or through private labs. Analysis of blood work uses an “Optimal health range” over the standard “disease-free” ranges used in western medicine and this information is then cross referenced to the imbalances found with the Oligoscan data. The cellular and blood stream data provides a fuller picture of biochemical health, providing greater insight into disease prevention.

Module 1 – Oligoscan 101 & Aluminium

In our first session we make sure we are doing everything to set ourselves up for success with our device and the collection of accurate data. Then we dive into Aluminium, the most common heavy metal in our environment and look at the kind of problems this metal can cause, including poor nutrient absorption, low iron, mental health, skin health and poor immune system.

Module 2 – Mercury, Cadmium and the havoc they cause

In this session we will take closer look at these two metals which are commonly higher than optimal, especially in people aged 50 and over. This is mainly due to the use of dental amalgams used extensively with this generation. While mercury is less common in the younger patients, cadmium is another common disruptor and quite common in ALL ages, due to its use in super phosphate fertilizers, used to grow food. Both are big disruptors in gut health and leaky gut is not uncommon with these heavy metals. We will look deeper into what this means and how this can help us to decide if we should use chelation methods or if it is even necessary.

Module 3 – Brain, Dental and Bone Health and the heavy metal influence

In this session we will look at how certain heavy metals can influence the brain and we will also look at other causes of poor brain health. Cognitive decline in the elderly can be improved, but there are several factors that need to be considered. Bone health is another major problem in the aging population, and it is often accepted that as we age, that there will be cognition impairment and bone loss, but this does not have to be our destiny, and we will dive deep into common reasons why this is occurring in our population.

Module 4 – Diabetes and Insulin Resistance

In this module we will look at poor glucose control, the underlying causes and how we can correct it. While diet does play a role, there is much more to this than just eating less carbs and exercising more. We will look at some of the other heavy metals, their sources and health implications and strategies to improve vitality in your patients.

Module 5 – Blood Pathology – Part 1

In this module we will at how we can identify hydration status, kidney function and liver health. We will also dive into the myths around cholesterol and determine all the aspects of identifying cardiovascular risk. This module also includes case studies to help put all the learning together with real life cases.

Module 6 – Blood Pathology – Part 2

In this module we dive into red and white blood cells, their roles in the body and what we can do to encourage healthy blood cells. We will also look at other blood markers that can be used, including inflammation, thyroid and iron levels, and how we can cross reference this data back to the Oligoscan results.

Using both the Oligoscan data (cellular) and Blood Test results (what is in the blood stream), we collect a fuller diagnostic picture of what may be happening biochemically for your patient. This helps you to find the most appropriate areas to focus your treatment plans and the order in which to treat them. Not only does this improve your client outcomes, but the reputation of your practice, which contributes to lifting the credibility to the Natural Health Industry.

Course Delivery

The course will be delivered in an online platform, providing downloadable content and pre-recorded presentations with options for Q&A. Course participants are invited to join our private Facebook community where discussions, new information, research articles and questions are shared.

Additional case study sessions are held regularly, with all past and present course attendees invited to attend. Current participants are invited to provide cases to discuss at no additional charge.

About the Presenter

Irene Schonberg is a Clinical & Holistic Nutritionist with a clinic in the metropolitan suburbs of Adelaide. She has had a special interest in toxicity since losing her husband to brain cancer before she became a Certified Practicing Nutritionist. She knew there had to be a reason why a perfectly healthy 38-year-old man would die from this disease, and when doctors offered them no answers as to how or why this occurred, she decided to study Nutritional Medicine at Endeavour College of Natural Health.

Irene has spent countless hours studying toxicity in our current world, and her knowledge gained from this additional research forms an integral part of her clinic services and public talks. Irene works hard to educate and empower clients, so they may go on to lead happy and healthy lives and *eating right for life!* She also enjoys delivering Public Talks to open the minds of the average consumer, allowing them to take charge of their health by what they buy at the supermarket.

Irene has also featured in several Podcast and interviews including “*A Cuppa with Con*” and “*Eugenie Kruger’s Homeopathic Hangout*”. Her course has been delivered to practitioners all over the world and has had great reviews from all who have attended.