

Interpreting Diagnostic Data for Optimal Patient Outcomes

Written and delivered by Irene Schonberg, BHSc (Nutritional & Dietetic Medicine)



Course Outline

This course has been specifically designed for natural health practitioners such as Naturopaths, Nutritionists and Homeopaths, to further their knowledge by utilising diagnostic data as well as discussion of patient symptoms, thereby formulating more accurate natural health prescriptions.

The course covers extensive information around how to interpret data obtained from the OligoScan infrared spectroscopy device. This device provides information around the cellular contents of heavy metals, minerals, and nutrients, and when interpreted correctly, can provide valuable information on the underlying causes of a patient's symptoms or disease diagnosis.

All heavy metals will cause disruption, blockages, and absorption impairment to various degrees, and the OligoScan device takes the "guess work" out of treatment needs, saving time and money for both the practitioner and the patient. It gives the patient measurable data and explanations on why they may have cancer, diabetes, an autoimmune condition, chronic fatigue or cannot lose weight, as well as which imbalances need correcting.

We will also learn to analyse the standard blood testing results that are usually obtained from a patient's doctor or through private labs such as i-screen or NutriPATH. Analysis of blood work uses an "Optimal health range" over the standard "disease-free" ranges that the medical community use. This allows for early detection of imbalances and can prevent disease from occurring.

The course dives deep into the following topics :

Part 1 : Interpreting OligoScan Data

- Why the OligoScan is such a powerful and important diagnostic tool and to how to get the most accuracy.
- Why the results can differ to blood test results.
- Aluminium, the most common heavy metal and most difficult to avoid.
- Defining blockages and mineral explosions.
- The Copper : Zinc Ratio, how to correct it and why you need to.
- Mercury, the most disruptive heavy metal.
- Cadmium, another common and difficult to avoid heavy metal that underlies many gut problems.
- Intestinal Permeability / Leaky Gut and the heavy metals that can contribute to it.
- Heavy metals that "love" the brain and when this can lead to a diagnosis.
- How to ascertain bone health problems and correct them without calcium supplements.
- Vitamin D, the hormonal nutrient just about everyone is low in.
- Diabetes, Insulin Resistance and more.
- Other nutrients and their significance to health and vitality.
- Other Heavy Metals and their significance to nutrient levels.
- Comparing new and old results.
- When and how to chelate.

Part 2 : Interpreting Blood Test Results

- Lipid Panels, the most grossly misunderstood blood marker.
- The effects of some medications on blood markers.
- Liver markers (labelled as Liver Function Tests, but not really).
- Haematology, Red and White Blood Cell health and why it is so important for your prescriptions.
- Iron studies, we dive in to why are so many people low in iron (men & women).
- Thyroid Panel (TSH, fT4, fT3).
- Inflammation Markers, how much of a battle ground is happening in the body.
- Other nutrients, B12, Folate, Vitamin D and their importance to optimal health.

We dive in deep into every subject line, so you can gain a good understanding of why this data is important. Having measurable data means you can re-test after months on your treatment plans, demonstrating the importance of your prescriptions. When results have not improved, it is generally due to patient noncompliance, and this can help to show the patient that there is more work to be done on their part.

Using both the Oligoscan data (cellular) and Blood Test results (what is in the blood stream), gives you as close to the full diagnostic picture of what is happening within a person's body as you can possibly get. This gives you areas to focus on and might lead you to further questioning of your patient. Not only will you get good results, but the reputation of your practice will increase dramatically, which helps to lift the entire Natural Health Industry, bringing credibility to modalities that have been giving patients health solutions for centuries.

Course Delivery

The course will be delivered in an online platform, providing downloadable content and live presentations with Q&A. There will also be a private Facebook group for course participants, where discussions and questions can be shared.

Presentations will be 90 minutes long, once a fortnight, for a total of six sessions + one additional case studies session. Sessions will be recorded. Q&A will be at the end of each session and included in the 90 minutes. An additional session will be held at the end of the course, to review complex OligoScan results that participants may have. These are to be submitted before the event and will be discussed confidentially during this session.

The cost of the course is \$427.90 all inclusive.

About the Presenter

Irene Schonberg is a Clinical & Holistic Nutritionist with a clinic in the southern metropolitan suburbs of Adelaide. She has had a special interest in toxicity since losing her husband to brain cancer before she became a natural health practitioner. She knew there had to be a reason why a perfectly healthy 38-year-old man would die from this disease, and when doctors offered them no answers as to how or why this occurred, she decided to study Nutritional Medicine at Endeavour College of Natural Health.

Irene has spent countless hours studying toxicity in our current world, and her knowledge gained from this additional research forms an integral part of her clinic services and public talks. Irene works hard to educate and empower clients, so they may go on to lead happy and healthy lives and *eating right for life!* She also enjoys delivering Public Talks to open the minds of the average consumer, allowing them to take charge of their health by what they buy at the supermarket.

Irene works together with Colon Hydro-therapists to provide clients even more healing opportunities, with not only nutrition, but the healing power of water therapy. She loves educating and presenting to various groups of people including general public, natural health students, and existing practitioners, with the aim to empower them with knowledge on how they can influence health using "Food as Medicine" and keeping "Toxicity Levels" as low as possible.